

**Upcoming Programs for Fall 2019**  
**Jungian Center for the Spiritual Sciences**

**Soul Tending Workshop: Tuesdays, 9/3,10/1,11/5, 11/15 (concert), 12/3,1/7,2/4,3/3,4/7,5/5; 7-9PM; 55 Clover Lane, Waterbury; \$115; registration required; to register, call Sue (802) 244-7909**

This nine-month experiential workshop introduces participants to various ways to tend their souls, including "forest-bathing" in Nature, music, bodywork, poetry and soul-nourishing forms of writing, art and mandala-making, dream work, and myths. Thomas Moore's *The Reenchantment of Everyday Life* is the text, which participants will have to obtain (Bridgeside Books in Waterbury gives a discount if you mention it is for this course). Note that the price of the workshop includes the cost of the *required* November 15<sup>th</sup> concert (see below for more information about the concert). Led by Sue Mehrtens

**Introduction to Astrology: Wednesdays, 9/4,11,18,25; 7-9PM; 55 Clover Lane, Waterbury; \$60; registration required; to register, call Sue (802) 244-7909**

A basic course for the novice with no prior training in astrology. The major components of the natal chart--the zodiac, planets, signs, houses and aspects--are identified and interpreted in depth. In addition, students are provided with information about various computer programs toward fostering their future work in astrology. The text for the course is Hewitt, *Beginner's Guide to Astrology*, which students can obtain (with a discount) from Bridgeside Books in Waterbury. Led by Sue Mehrtens

**Harpies & Harridans: Women Behaving Badly, Thursdays, 9/5,10/3,11/7,12/5, 1/2, 2/6,3/5,4/2,5/7; 7-9PM; 55 Clover Lane, Waterbury; \$90; registration required; to register, call Sue (802) 244-7909**

Throughout history angry women have been instigators of major change. This course examines nine women in Western history who have been motivators and change agents, including Angelina and Sarah Grimké, Mary Harris (aka "Mother Jones"), Emmeline Pankhurst, "Flo" Kennedy, Bella Abzug, and Cecile Richards. The common themes running through these women's lives, and how their "behaving badly" has served to promote social change and justice will be discussed. While the readings for September and October will be provided, students will need to acquire the biographies of the other women, plus the final book: Rebecca Traister's *Good and Mad: The Revolutionary Power of Women's Anger*. These books will be available (for a discount) at Bridgeside Books in Waterbury. Led by Sue Mehrtens

**Writing Memoir, Mondays, 9/9,16,23,30, 10/7; 7-9PM; 55 Clover Lane, Waterbury; \$75; registration required; to register, call Sue (802) 244-7909**

Do you want to write personal stories or a family history? Are you just getting started or sustaining a project? Do forms like "letters" to family or a seamless narrative appeal to you? Would you like support and encouragement in writing about your life? This class can help you give some order and focus to memories you want to preserve. Join a small group in seeing your memoir take shape in a five-week course. Limited to 10 students. No previous experience is necessary. Led by Ann Turkle, MFA, Ph.D.

**Past Lives Journey of the Soul, Wednesdays, 10/2,9,16,23 & special workshop, Saturday, 10/26; 7-9PM; 55 Clover Lane, Waterbury; \$80; registration required; to register, call Sue (802) 244-7909**

Carl Jung and a wide variety of spiritual traditions are clear that the soul's journey does not end in death. Many of these traditions also speak of reincarnation, and in this course we examine such topics as life after life, reincarnation, possible past lifetimes, and phenomena like the Bardo and karma. Participants will be taught several techniques for accessing their past lives, and a special workshop will provide a hands-on experience of drawing on past life memories. Led by Sue Mehrtens and Cecile Leriche, LCMHC

**Journal Keeping, Mondays, 10/21,28, 11/4,11,18; 7-9PM; 55 Clover Lane, Waterbury; \$75; registration required; to register, call Sue (802) 244-7909**

Research has proven that keeping a journal encourages faster healing, improves mental health, and allows journal keepers to feel more in control of their lives. Journals have been a tool for creativity not only in writing and the arts but in the sciences and mathematics. And it's fun! Join our small group in breaking out of the "oughts" and "shoulds" of diary keeping and experience a broad range of possibilities for your journal life. Limited to 10 students. No previous experience necessary. Led by Ann Turkle, MFA, Ph.D.

**Archetypes Illustrated, Wednesdays, 10/30, 11/6,13,20 ; 7-9PM; 55 Clover Lane, Waterbury; \$60; registration required; to register, call Sue (802) 244-7909**

Using myths, legends and the powerful symbolism of the personal chart, participants will discover how archetypes operate in individual lives, their own and in the lives of ordinary people whose charts illustrate mythic themes particularly well. No prior background in astrology is required. This courses comes with 8 CEUs for therapists. Led by Sue Mehrtens

Be sure to mark your calendars for this very special event that is not to be missed:

**Welcome the Darkness, Give Thanks to the Light:  
Celtic Music, Poetry and Story in Praise of the Natural World  
Friday 15 November 2019**

**7:00PM; \$25**

All Souls Interfaith Gathering, Shelburne

A concert by Owen & Moley Ó Súilleabháin, two Irish brothers who sing everything from ancient Irish chanting to traditional Irish music and Irish rap

Check out these links to All Souls Interfaith and the lads' performances:

<https://www.allsoulsinterfaith.org>

<https://www.pbs.org/show/kate/>

<https://www.owenandmoley.com/>

Owen and Moley will also lead a one-day workshop on Saturday, Nov 16<sup>th</sup>, at All Souls. We will post more information about it in future newsletter. Please note that attendance at the Friday concert is **required** for participants in the Soul Tending workshop.